



PeopleInc

Where your world opens up.

YOUNG ADULT LIFE TRANSITIONS PROGRAM

Fostering independence



PeopleInc

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YOUNG ADULT LIFE TRANSITIONS PROGRAM

People Inc.'s Young Adult Life Transitions (YALT) is a Community-Based Pre-Vocational program. YALT offers people with developmental disabilities ages 18-26 an opportunity to develop the skills needed for competitive employment in a community-based setting, located on college campuses throughout WNY.

HOW THE PROGRAM WORKS

Throughout the program, people participate in a discovery process to prepare them for integrated employment within the community. They take part in small group activities lead by YALT staff to assist them with enhancing their vocational skills.

People also participate in Career Exploration and work to identify particular areas of interest. Throughout the program, they also participate in unpaid internships that help them further enhance their vocational skills. In their last year of the program, participants may have the opportunity to earn a paycheck through paid internships with staff support. The program operates during business hours, Monday through Friday, twelve months a year.

PROGRAM GOALS

YALT seeks to assist all participants in securing meaningful, integrated employment upon graduation and empowers them to achieve individualized goals and life choices such as:

- Preparing to work independently in the community with a goal of earning competitive wages
- Learning how to utilize community resources, including the campus and public transportation
- Continuing the learning process
- Participating in campus-sponsored events
- Gaining independence and self esteem
- Preparing to live independently in the community

ELIGIBILITY

To participate in YALT, participants must meet the eligibility criteria and guidelines for Community Pre-Vocational Services set through the Office for People with Developmental Disabilities (OPWDD) and People Inc.

YALT LOCATIONS

The YALT program is offered through Erie County Community College, Canisius College, Daemen College, University at Buffalo and Niagara County Community College.

All programs follow the same framework but are unique to reflect participant and college needs and interests.

CONTACT

For more information, contact Renee Zimmerman at RZimmerman@people-inc.org or 716.380.0756.

